The Downs Barn is reached from the A27 via Lambleys Lane (BN14 9JX), north of the Sompting Bypass, NE of Worthing. Grid Map Ref: OS TQ1505.

Please share cars if possible, to help the environment and because parking spaces are limited. Please do not park in front of Lambleys Barn (Stable Cross Barn) where the horse livery users park.

NB The track down to the Downs Barn is only of bridleway standard, please take care accordingly. For those not able to walk from the parking area to the Downs Barn, eg if you are disabled or carrying materials, there are a few parking spaces at the Downs Barn itself. Cycle racks are provided. If lost or in an emergency ring the course tutor or failing that ring the Managing Trustee on mobile 07771 897613. Please close this after you go through to prevent animals escaping down to the A27.

PARKING If coming to an Estate meeting drive on down to the Barn as shown left. If on a course: there is space for a few cars at the Barn eg for course leaders for safety and carriage, and for disabled access. Otherwise, if on a course then when you have come in the top gate please turn left and park 80 yards up to your left where signed. Walk back the way you came to the hilltop barns then go left (NE) 250m down a farm track to Downs Barn.

From the West:
Past the A27 traffic lights at Lyons Farm Retail Park (B&Q etc), keep slow and after only 180m take the next turning left in to Lambleys Lane. Continue slowly, past houses, 600m up farm road.

GATES If the main farm gate is locked, ring the course tutor or failing that the Managing Trustee on mobile 07771 897613. There is another gate at the top. Please close this after you go through to prevent animals escaping down to the A27.

PARKING If coming to an Estate meeting drive on down to the Barn as shown left. If on a course: there is space for a few cars at the Barn eg for course leaders for safety and carriage, and for disabled access. Otherwise, if on a course then when you have come in the top gate please turn left and park 80 yards up to your left where signed. Walk back the way you came to the hilltop barns then go left (NE) 250m down a farm track to Downs Barn.

From the East:
Continue to the traffic lights at Lyons Farm Retail Park, there turn right around on to the A27 going back east. Follow directions as above.

**Buses:** services stopping at nearby Lyons Farm Retail Park are run by local Compass Bus 01903 690025 office@compass-travel.co.uk, and by Stagecoach 0871 200 22 33 [Traveline, for timetable queries] or 0845 121 0170, email Enquiries.south@stagecoachbus.com, or call 0845 121 0190 for disability help desk.

**Trains:** From Worthing Station, 2.4 miles, allow an hour to walk, several possible routes eg: go E along Teville Rd, N up A24 Broadwater Rd, E along Sompting Avenue, N up Sompting Rd, E along A27 Sompting Bypass (crossing at the traffic lights), as above.