Follow up your visit with the activities below:

- Write a recount of the visit to the park.
- Create your own model of the Cuckmere Valley and Haven using ‘Modrock’ (Plaster of Paris)
- Using the map provided plot some of the features that the children saw on their visit e.g. flint camping barn, pill box, dragon’s teeth etc. Plot footprints on the map where man has changed the natural landscape.
- Discuss and draw up a list of rules for park visitors that will protect the park and its wildlife.
- Creative writing
  
  Recall the story of Exceat Village and ask the class to write a story of what life in Exceat Village might have been like in the 13th century.
  
  or imagine a night in the pill box guarding the river valley from possible attack by the Germans during the last war.
  
  or develop the scenario whereby an influential developer wants to build a small number of exclusive retirement homes on the hillside overlooking the west bank of the River Cuckmere. The children respond by writing letters to the local planning authorities (Wealden District Council and East Sussex County Council) opposing the development because the area is special and protected.
  
- Make your own half metre quadrat and go out into the school grounds and count the number of wild flowers in a
grassy area. How does it compare with the number found up on the grassland above the Cuckmere River?

- Conduct a mini beast hunt over a grassy area of the school grounds. How does it compare with what was found on the downs above the Cuckmere.

- Organise a scavenger hunt around the school grounds

- Use the internet to find out more about some of the strandline plants and animals the group found on the beach.