This course is designed for individuals wishing to lead and manage a forest school programme with young people or adults.

*A forest school is an inspirational process that offers children, young people and adults of all abilities regular opportunities to gain confidence and raise self-worth through a series of hands-on learning experiences in school grounds and local woodlands.*

**Awarding organisation**
The Open College Network South East Region.

**Course requirements**
Participants should be qualified teachers, youth workers or teaching assistants with significant experience of working with young people or adults.

All participants must be CRB checked and hold a first aid certificate by the end of the course. This can be the 16-hour outdoor first aid certificate or the 4-day first aid at work certificate.

Please contact Mike Murphy if you are unsure if this course is suitable for you.

**Course outline**
- Learning and development at forest school
- Basic forest school practical skills
- Establishment and delivery of a forest school programme

**Commitments**
- 5 days, 27th–31st May. 10am – 4.30pm
- 1 residential weekend (Friday evening – Sunday afternoon). Date to be set by participants.
- 1 day for practical assessment
- A completed portfolio of tasks which must be submitted within 1 year of the start of the course

**Additional benefits**
- 2 mentoring days at your school / forest school site to assist with the development of your forest school.
**Location**
The majority of the programme will be delivered in the Pump Barn at the Seven Sisters Country Park and in Friston Forest, Exceat, Seaford, East Sussex.

**Course costs:** £800 per person, including course fees, training, mentoring, assessment and the residential weekend.

To book a place or to ask further questions please contact Mike Murphy, Education Development Officer, Sussex Wildlife Trust.

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