Go on a litter pick or beach clean

You will need:
- an adult helper
- a group of friends (optional but useful!)
- thick gardening gloves
- strong bin bags
- brightly coloured clothes (for visibility near roads)
- suitable footwear (sturdy boots for rocky beaches)

Ask an adult to take you on a litter pick or beach clean.

Ask an adult if you’re not sure whether to pick something up.

Try not to overfill bags to avoid splitting.

You could try separating litter into different bags for recycling.

Things to avoid
- broken glass
- sharp objects
- dog poo bags
- anything dirty or dangerous
- large or heavy rubbish
- bottles of liquid

www.wildlifewatch.org.uk