Where to see wildlife in Sussex is available for £11 (inc. p&p) from Sussex Wildlife Trust 01273 492630 www.sussexwt.org.uk

Getting around
The Mens is three miles east of Petworth on the A272. There is a centrally placed car park on Crimbourne Lane, the minor road to Hawkhurst Court from which you can explore the many paths, but a compass is worthwhile — it is easy to get lost in this huge 160 hectare reserve. The going is flat but often muddy and some of the tracks are bridleways.

Grid Reference TQ023236  Nearest Postcode RH14 0HR
Lat Long N 51.003145, W 0.542677