How to make seed bombs

You will need:

- Meadow flower seeds or seeds collected from the garden
- Peat-free compost
- Water
- Powdered clay (from craft shops - use clay soil if you can't find any)
- Mixing bowl

1. In a bowl, mix together 1 cup of seeds with 5 cups of compost and 2-3 cups of clay powder.

2. Slowly mix in water with your hands until everything sticks together, then roll mixture into firm balls.

3. Now for the fun bit - plant by throwing your seed bombs at bare parts of the garden!